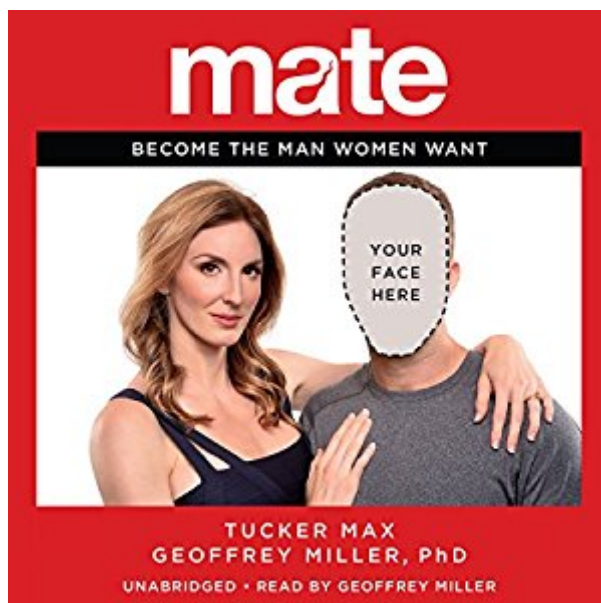


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# Mate: Become The Man Women Want



## Synopsis

The number-one best-selling pioneer of "fratire" and a leading evolutionary psychologist team up to create the dating book for guys. Whether they conducted their research in life or in the lab, experts Tucker Max and Dr. Geoffrey Miller have spent the last 20-plus years learning what women really want from their men, why they want it, and how men can deliver those qualities. The short answer: Become the best version of yourself possible, then show it off. It sounds simple, but it's not. If it were, Tinder would just be the stuff you use to start a fire. Becoming your best self requires honesty, self-awareness, hard work, and a little help. Through their website and podcasts, Max and Miller have already helped over one million guys take their first steps toward Miss Right. They have collected all of their findings in *Mate*, an evidence-driven, seriously funny playbook that will teach you to become a more sexually attractive and romantically successful man, the right way: No "seduction techniques" No moralizing No bullshit Just honest, straightforward talk about the most ethical, effective way to pursue the win-win relationships you want with the women who are best for you. Much of what they've discovered will surprise you, some of it will not, but all of it is important and often misunderstood. So listen up, and stop being stupid!

## Book Information

Audible Audio Edition

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## Customer Reviews

This book is a great resource for learning all things revolving around interacting with and dating women. It's also fantastic for learning how to become a better man in general, as all the things that make you more attractive to women are things that will improve your life anyway. This book is great for giving you direction on that sort of thing. Between Tucker and Geoffrey, you get the street smarts

and the academic smarts. They complement each other very well, especially if you listen to the Mating Grounds podcast. You also get a sense that there is more than one way to be attractive to women because it's not about turning into a Tucker Max, or James Bond type. There's foundational principles that the book will explain to you and then you can learn how to apply that to your own personality and style to figure out how to attract the type of women you are attracted to. Another thing I love is that this book doesn't feel sleazy at all. Respecting women, not treating them like they're all the same, and understanding their perspective when it comes to dating are all part of becoming more successful with women, and are just important to being a well-adjusted member in today's society. I feel like I can talk to anyone about this book and the things I learned in it, and those in themselves have become really great conversations with women because everyone loves to talk about their dating experiences and understanding how the opposite sex behaves! Apart from just being a good book, it has had good results for me. I started reading this book two or three months ago. Since then, I've improved myself enough so that women get good first impressions of me. I'll catch more women staring at me when I look at them. I try not to overestimate how interested a woman is, but that never used to happen to me before, so I take it as progress. My female friends are more inclined to hang out with me one on one, all my female friendships have gotten much better in general. I get along a lot better with cashiers and baristas at places I frequent. One barista I know even flips out when I come in now, she's so excited to see me and talk to me. Women initiate physical contact more, one of my female friends wouldn't stop trying to hold my hands one night, and I've known her for a few years without anything like that happening. Finally, the reason I finally wanted to write a review for this book is that I went to a party a few nights ago and three different girls kissed me. Before that night, I'd only kissed two girls in my life, and now in a single night I got more action than I had ever previously. I'd say things are working out, and it's only been a few months of working on my life. I still have a long way to go! There are many things I want to change but it's crazy. If a short, not great looking guy can get this done in a few months, you can probably experience the same and more. My dating life feels more like a fun, interesting journey now than a source of frustration driven by an intense fear of being alone. Get the book and definitely listen to the podcast too. Worst comes to worst, you've accidentally become a way better person with much more direction in your life. Oops.

Was expecting this book to be cheesy. (Maybe it's the cover) But instead I was surprised by all the research and careful consideration that went into this book. It's not a pickup book. It's a book on how to be a better man. And boy, does it do that job well. Pick this one up!

this book gave me some very interesting insights into what dating is like for women, what kind of things they have to deal with and what they are looking for

Excellent advice! Leaving you to crave even more! It felt like someone was looking out for the nice guys that can't figure out why they seem unwanted. This kind of stuff is not taught to young men in school. So it's helpful to those who find women confusing. I believe this book helps clear up some of those confusing behaviors.

I found the information very useful. I just became single and need to dip my toes in the water after being in a relationship for 4 year. It is an entertaining read and has a lot of humor.

Really well written and its advice is scientifically based as well. The goofy cover image does not do it justice.

This book is really interesting, as it lays the ground to disregard all of mens stupid perceptions about women and mating. Really deserves a read.

Outstanding read! It was so informative for me that I read it twice. The chapter on confidence and how to talk to women are insightful and immediately helpful. Don't forget to check out the pod casts these guys have. More related info there too.

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